

University of Naples Federico II (ITALY)
School of Medicine
ENGLISH COURSE IN MEDICINE AND SURGERY

ADE (Educational Elective Activity)
3rd year, academic year 2025-26

EVIDENCE-BASED MEDICINE
Coordinator: Prof. A. Cittadini

Educational contents of the course

The course offers insights on aspects of the “Evidence-based Medicine” (EBM), with particular reference to diagnostic and therapeutic choices supported by relevant scientific findings.

In particular, the following topics will be discussed:

- Clinical epidemiology
- The methodological tools of clinical epidemiology
- RCT (Randomized Controlled Trial) studies
- Birth and evolution of EBM
- Collect scientific evidences
- Critically evaluate the scientific evidences
- Correctly Apply scientific evidence – guidelines

Faculty	Position	Department	SSD	hr	e-mail
Antonio Cittadini	Full professor	Translational Medical Sciences	MED/09	1.5	antonio.cittadini@unina.it
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Giuseppe Rengo	Full professor	Translational Medical Sciences	MED/09	1.5	giuseppe.rengo@unina.it
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Leonardo Bencivenga	Post Doc Researcher	Translational Medical Sciences	MED/09	1.5	Leonardo.bencivenga@unina.it

First meeting:

May 8, 2025 (Bldg 6, room B) h 9:00/12:00 AM

- Clinical epidemiology: Introduction to the Course (Cittadini)
- Critically evaluate the scientific evidences (Tocchetti)
- Correctly apply scientific evidence – guidelines (Rengo)

May 15, 2025 (Bldg 6, Room B)h 9:00/12:00 AM

- The methodological tools of clinical epidemiology: RCT (Randomized Controlled Trial) studies (Salzano)
- Metanalysis and Systematic Reviews (Giallauria).

May 22, 2025 (Bldg 6, Room B)h 9:00/ 12:00 AM

- Birth and evolution of EBM (Arcopinto)
- How to apply evidences in elderly (Bencivenga)

May 29, 2025 (Bldg 6, Room B)h 9:00/12:00 AM

- How research can improve clinical practice (Marra)
- The gender/sex issue in clinical research (Marra)